



Raglan Community House Newsletter

August 2010

Opening Hours

COMMUNITY HOUSE

MONDAY—FRIDAY

8.30—4PM

BARGAIN

BASEMENT

MONDAY—FRIDAY

10—3PM

BUDGET SERVICE

BY APPOINTMENT

COUNSELLING

BY APPOINTMENT

Contact Details

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RAGLAN 3225



Well, we have passed the shortest day of the year and seem to be rushing headlong into spring! Lambs and daffodils are appearing and they brighten the heart even if they don't seem able to hold the rain at bay! June was the wettest on record we believe. A local resident who has been keeping rain records for many years told us that in June 2009 there was something like 114mm of rain compared to 318mm this year. No wonder the garden is a quagmire! July's weather was a mixture with some beautiful spring-like days and some pretty stormy ones as well which kept the rain gauges topped up! Roll on summer!

We have had an exciting couple of months in the Community House. Iris Porter won the Volunteer of the Year Award at the Volunteering Hamilton in June. There were 23 nominations in the Individual Waikato region and we were thrilled to see Iris take out the Award. It was very well deserved recognition does, and has done for her community over the years. The Mid-winter swim was great fun and the (small) team from Raglan Community House won best dressed! It was fun (and very cold) and next year we hope to have an even bigger presence. Look out for our challenge to other business and community teams to get in the swim of things!



We were very grateful to receive additional funding for our Counselling Service from the Community Response Fund and this will give this service good security over the coming year. We have also had confirmed funding from the Lottery Grants Board which has enabled us to appoint an Assistant Coordinator on a one year contract and are delighted to announce that, following a fairly stringent selection process (with some very high calibre applicants) we appointed Nicci Standley to the position. Whilst Nicci has been in the role on a temporary basis since March this year, we now welcome you formally to the team Nicci!

We were very saddened by the death of Allan King—a larger than life member of our community. We send our love and condolences to his partner, Dawn—a long standing volunteer in the Bargain Basement and member of our Committee.

In Memoriam

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For your diary.....

Early August Community Survey

11th August 10am - 12 Money Management Basics

18th August WINTEC Computing

25th August 10am - 12 Managing your Budget

7th September Diabetes Screening

6 September Hearing Clinic

Services Available

Counselling:

Qualified Counsellors available to help you with any issues you have in your life that you would like to handle differently. This is a subsidized, **strictly confidential** service.

Budget Service

Trained Budget Advisors available to help you gain a better understanding of budgeting, gain control of debt, help with creditors and/or help you achieve your financial goals. This is a completely **free and strictly confidential** service.

Bargain Basement

Monday—Friday—10am to 3pm

Community Trust Van

Book your transport to medical appointments in Hamilton through the Community House (one week's notice generally required). **Koha \$15**

Community Law

Access to legal advice available free of charge from the Hamilton Community Law Office. Contact us for more information on the areas of law covered and eligibility criteria.

Optometrist

Talk to us about our link with Paterson Burn, Optometrists in Hamilton. Vouchers and transport available.

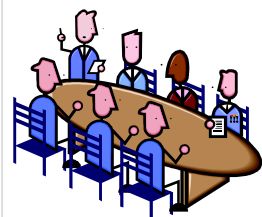
Frozen Meals

Small and Large meals and desserts available Meals \$9.00/\$6.50 Desserts \$4.50.

Room/Wheelchair Hire

Talk to us about our very reasonable hire rates.

Raglan Community House Committee



The AGM saw the following members appointed to the Raglan Community House Committee.

Chair: Genny Wilson

Secretary: Stephanie Philp

Treasurer: Graeme Law

Members: Iris Porter; Dawn Roberts; Belmont Lallu; Sasha Peart. Regretfully, Belmont and Sasha have both had to resign since the AGM and we send our thanks for past efforts, and best wishes for the future.

Grievance Officer (not a Committee member) : John Lawson

Privacy Officer: Graeme Law

The Committee has, since the AGM, co-opted Rochelle White as a member and is seeking two more members to join the ranks. If you would like to be involved, please contact the Coordinator, Chrissy on 8258142 or pop into the House to register your interest. Heartfelt thanks go to those members of the Committee who officially retired at the AGM - Ian Balme; Helen Paki; and Donna Rickard. You have each contributed a huge amount to the health of the Committee and the Community House and we wish you well.

Medical Transport to and from Hamilton

The Community Trust Van is available to take you to and from medical appointments in Hamilton. Medical appointments include hospital/specialist appointments, eye examinations and hearing tests. \$15 koha is asked and the van will pick you up from home. If you need transport to a medical appointment in Hamilton **please give us as much notice as possible when making your booking**. It can be difficult to accept a booking at short notice i.e. the day or two beforehand. The Van list is collected each Friday by the Van Coordinator which allows time to coordinate trips, vehicles and drivers so, if you can, get your booking in early and certainly as soon as you have been given an appointment time.

Increasing demand for transport by the Community Trust Van to medical appointments in Hamilton has resulted in a need to increase the volunteer van driver pool. Van drivers require a current First Aid certificate and must consent to being vetted by NZ Police. If you have a day a week, or fortnight, or month that you would be willing to help operate this fantastic community service, please contact the Van Secretary, Michael Gill on Ph: 825 6532

BUSIT cards—Public Transport to and from Hamilton

Did you know that a Busit card can save you money on bus transport to Hamilton and back? The card costs \$15 (\$5 for the card and \$10 credit) and can be bought at the Transport Centre. An adult fare is then \$5.10 Hamilton/Raglan one way as opposed to \$7.30 and a child fare is \$2.60 rather than \$3.70. You can soon recoup the cost of the card and the card can be topped up by the bus driver (cash only) or at the transport centre. Minimum amount to top up is \$10 and the maximum is \$300.

There is also a Sixty Plus card (if you are 60 or over but not yet eligible for the Supergold card (65+)). The Sixty Plus card cannot be used on the Raglan/Hamilton run but once in Hamilton you can use this card on any of the Hamilton bus routes between 9am and 3pm Mon-Fri and all day Saturday. Cost of each trip is only \$1.60 so this can represent a good saving. Cards can be purchased from the Transport Centre in Hamilton and you will need ID.





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Volunteer Excellence Awards 2010

Our Bargain Basement Manager—Iris Porter—was awarded Volunteer of the Year in Volunteering Waikato's 2010 Volunteer Excellence Awards. **Iris Porter** and fellow volunteer **Barbara Rothwell** were both nominated and Iris was a very deserving winner of the award from a field of 23 nominations, from throughout the Waikato, in the individual category. Her commitment to the Community House and, indeed, the whole community, is awesome in the truest sense of the word. The Awards ceremony was a great evening and it was quite humbling to see the huge contribution that volunteers make to all our communities. Congratulations again Iris!



Community Survey

The Community House has commissioned a survey to get community feedback on the services we provide and to identify any possible problem areas that might exist or services that you would like to see us undertake. Survey forms will be posted to randomly selected Raglan households and will also be available for uplift and completion from the Raglan Library, Environment Centre and from the Community House. Face to face interviews will also be conducted in the street over a few days. Make sure you take the opportunity to have your say on what we do now and what you would like to see happen in the future. The survey will be conducted in the first two weeks of August.

Budget Service Workshops with Tony Agar



Workshop 1: Wednesday 11th August 10am - 12noon Money Management Basics

A budget is a plan of what money you expect to receive and how you expect to spend it. Everyone can benefit from having a realistic budget. It's one of your best tools for achieving financial goals, financial wellbeing or just getting you out of debt. Knowing that your financial wellbeing is under control can lead to a happier, healthier life. The **Money Management Basics** workshop will assist you in setting financial goals and provide the basic tools needed to help you achieve these goals. On this workshop you will learn how to:

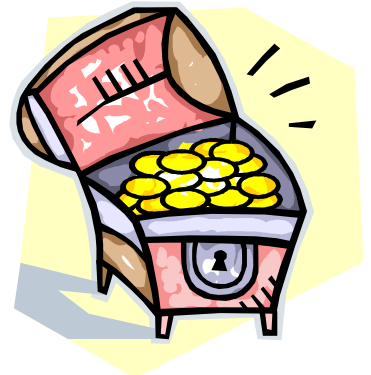
- Set financial goals
- Make a budget that works for you
- Control your money instead of letting it control you



Workshop 2: Wednesday 25th August 10am - 12noon Managing your budget

Living on a budget is not always easy. A tight budget is hard to stick to especially if you are trying to save for that special occasion. **Manage your budget** workshop follows on from the **Money Management Basics** workshop and will look at how to live within your budget. Setting your goals will help you to think about what you want in life and how you want to spend your money. In this workshop we will look at:

- Setting realistic financial goals
- Tools for Living on a budget
- Dealing with Debt
- The rules for spending

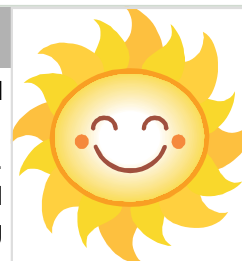


Phone Tony on 825 8500 or 825 8142 to book your place. Or email us on r_ch@xtra.co.nz
Each workshop is 2 hours long and can be followed up with a one to one with a trained Budget Advisor.

Food for Thought - Chicken Noodle Sweet Corn Soup

1-1/2 (6 cups) water
 2 x 50g packets chicken noodle simmer soup mix
 600g chicken stir fry strips
 420g can creamed corn
 420g can corn kernels, drained
 1tbsp light soy sauce
 3 green spring onions thinly sliced
 Extra sliced green spring onions, to garnish

1. Place water in a large saucepan. Bring to boil. Add soup mix. Stir to dissolve.
2. Add chicken strips, creamed corn and corn kernels. Bring to boil. Simmer for about 5 minutes, or until chicken is cooked, Stir in soy sauce and spring onions. Simmer for a further 2 minutes.
3. Serve garnished with sliced green spring onions.



The secret to contentment lies not in having what we want but in wanting what we have!

Community Transport

The Community Van Trust are looking into the possibility of coordinating transport for people from their homes to the shopping centre and back on one day a week. They need to gauge how much demand their might be for a service like this and what day of the week would be the most suitable. If you would utilise this service if it existed phone us on **825 8142** and let us know. Tell us too which day of the week would suit you best. If you would be interested in providing transport for people who need to get to the shops once a week, please let us know too so that we can pass the information on to the Van Coordinators.



Raglan Foodbank

Next time you are shopping, spare a thought for the Raglan Foodbank and their crucial role in helping those less fortunate members of our community. Winter is hitting some very hard with increased power prices and doctors visits cutting big holes in the budget. Items for the Foodbank can be dropped off at the Community House Monday to Friday, 8.30am—4pm or at the Foodbank itself on Mondays and Fridays between 1 –3pm. For many of us, an extra can or two of vegetables or beans or spaghetti or a bag of flour or sugar makes little difference to our food bill but can make a world of difference to the Foodbank and the people they help.



RAGLAN COMMUNITY HOUSE thanks the following Funders & Supporters:

- Child Youth & Family
- COGS
- NZ Lotteries
- Trust Waikato
- WEL Energy Trust
- Sky City
- WDC
- WDHB
- D V Bryant Trust
- JR McKenzie
- NZ Post
- Page Trust
- Karamu Trust
- Raglan Community Board
- Raglan Chronicle
- Raglan Club
- Raglan Bakery
- Lilliput Florist
- WJ & SJ Bardsley
- Raglan Horticultural Society
- Community Waikato
- Raglan Community (donation of clothing and goods)
- Volunteers

